

# *The Parchment*

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## *Hurry Up and... Wait!*

If there's anything I truly despise it's getting sick. Not only can viral and bacterial infections weaken me to where I can't concentrate, they can also cause my skin disease psoriasis to worsen. So when I awoke one morning to a fever and sore throat I knew I had a battle. The dermatology department told me to stop all psoriasis medications and make an appointment with my primary physician. "This is not good," I thought.

The next day I saw Dr. T. figuring he would tell me to rest and drink lots of fluids. Instead he took a throat culture to check for strep infection (which later confirmed strep) and prescribed an antibiotic. A couple days after starting the antibiotic a nasty drug induced rash covered my body. What I thought would be a two-day virus turned into a prolonged infection with complications. "This is getting much, much worse," I lamented.

Have you ever experienced a cascading series of events that took you by surprise? Maybe it wasn't health related, but rather something to do with family, relationships, school, work, or friends. In those circumstances we can feel like a huge wave crashed on us. We don't know which way is up or down, quickly feeling bewildered as to how to respond and what to do.

That's how I felt these past couple weeks. A psalm, however, helped me through some tough hours and days: I waited patiently for the LORD; he turned to me and heard my cry... Many will see and fear and put their trust in the LORD (Psalm 40:1, 3). I found great comfort in knowing that whatever is not good, or might be worsening, He would hear my plea for help.

To wait patiently for God is to depend on Him and to accept His timing. It doesn't mean we sit passively waiting for something good to happen to us. Rather, this waiting is actively seeking God while we live faithfully in the midst of whatever struggles fall on the path before us.

Do you have a situation in your life where you need to actively, patiently wait on God? I pray God will fill you with His peace as you seek Him.