

Rest for Your Souls

(Jeremiah 6:16, Matthew 11:29)

Jeremiah 6:16

This is what the LORD says: *"Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls. But you said, 'We will not walk in it.'"*

Matthew 11:29

Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.